









The Coronavirus is like a bad flu or cold.

Some people will only get a little bit sick, and some people will get very sick.

If you are feeling very sick you may need to go to hospital.

There are signs that we are sick.

Another name for signs of sickness is **symptoms**.

Signs that we are sick may include

- Fever
- Cough
- Sore Throat
- Trouble breathing











If you are feeling sick, you **stay at** home.

You will need to call your doctor to make an appointment.

You need to tell the person what signs of sickness you have.

They will tell you what you need to do next.

This may mean:

- wearing a face mask
- getting a test from a Doctor

If at any time you are feeling very sick or breathing is hard for you, call an ambulance on 000







There are things you can do to help stay well.

• Do not get to close to other people



• Wash your hands regularly



• If you cough or sneeze, try to catch it in your elbow

More Information

Ask for a copy of our guide to Staying Well.