



# OUT & ABOUT

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*Let's explore and get social*

SOUTH EAST SYDNEY PROGRAM  
JANUARY - MARCH 2023

**CIVIC**

HUMAN POTENTIAL, REALISED







# Let's get out and about with friends!

**Civic's weekend programs allow you to explore new places, connect with friends, learn new skills and participate in new life experiences.**

Whether you enjoy visiting the zoo, being adventurous, taking in the sights or immersing yourself in arts and culture, our program is jam packed with activities that will support you to get out and about.

## SUNDAYS

- 9am – 4pm
- Group-based program
- Open to people with disability aged 18 years+
- Costs: NDIS supports + entry and lunch

## HOW TO BOOK

For all bookings please contact our **Customer Experience Team:**  
**Phone:** 1300 692 484 (1300 MYCIVIC)  
**Email:** [enquiries@civic.org.au](mailto:enquiries@civic.org.au)

Activities advertised are subject to change based on weather or activity cancellation. Where an activity cannot proceed as planned, an alternative activity will be offered.

Transport fees will be charged in accordance with your NDIS Service Agreement. Please note that late cancellation fees apply as per the Service Agreement.

Contact us if you need this information in an accessible format such as large print or audio.





# SUNDAY GROUP PROGRAM:

## JANUARY/FEBRUARY 2023

15 JANUARY 2023

### SYDNEY FESTIVAL



Sydney,  
Various Locations

Sydney Festival is a city-wide celebration of culture and creativity.

Transforming Sydney every January this festival includes a wide range of programs of theatre, music, dance, visual art and live performance.

**COST:**

NDIS supports + public transport.  
Bring your opal card for train and ferry ticket.

Lunch can be purchased or you can bring a picnic lunch.

Optional: spending money if shopping.



22 JANUARY 2023

### SET SAIL FOR MANLY



Manly

Catch the train to Circular Quay and then set sail across Sydney Harbour on one of the most picturesque ferry rides in the world!

Enjoy the bustling atmosphere of the open-air markets as well as local entertainment. There is a huge variety of goods on offer from handcrafted jewellery and art, to fruit, vegetables and flowers, as well as ready-to-eat foods such as paella or handmade gnocchi. Yum!

**COST:**

NDIS supports + public transport.  
Bring your opal card for train and ferry ticket.

Optional: spending money if shopping.



29 JANUARY 2023

### POWERHOUSE MUSEUM



Ultimo, Sydney

Powerhouse Ultimo is a contemporary museum in the heart of Sydney with a focus on arts, science, innovation and design.

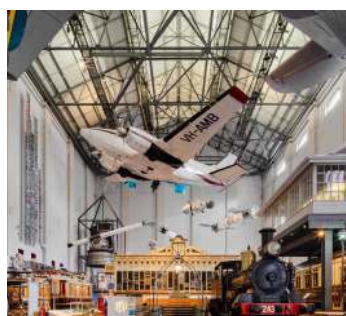
Explore the many exhibitions and interactive displays the museum has to offer.

**COST:**

NDIS supports + public transport.  
Bring your opal card for train and ferry ticket.

Lunch can be purchased or you can bring a picnic lunch.

Optional: spending money if shopping.



5 FEBRUARY 2023

### TEN PIN BOWLING & LUNCH



Zone Bowling,  
Revesby & Revesby Workers' Club

Get ready to experience the buzzing, vibrant setting of Zone Bowling Revesby! After bowling enjoy a delicious lunch at Revesby Workers' Club.

**COST:**

NDIS supports + \$14 for two games.

Lunch is an additional cost.





# SUNDAY GROUP PROGRAM:

## FEBRUARY/MARCH 2023

12 FEBRUARY 2023

### FRUIT PICKING



TBC

Enjoy a fun day out picking your own fruits from orchards.

Once your buckets are full of delicious fruit you can enjoy a relaxing lunch. Spring fruits include peaches, cherries, berries, mandarins and more.

Bring a picnic lunch to enjoy.

**COST:**

NDIS supports +  
Cost of fruit you pick.



19 FEBRUARY 2023

### PUTT PLANET



Miranda,  
Sutherland Shire

Putt through the bustling marketplaces, homes of Old Mombasa whilst exploring this ancient doorway to Eastern Africa.

Play as a team or challenge yourself on this unique African themed 18-hole course.

**COST:**

NDIS supports +  
\$15 for one game.

Lunch is an additional cost.



26 FEBRUARY 2023

### SEA LIFE SYDNEY AQUARIUM



Darling Harbour,  
Sydney

Explore an amazing underwater world.

Get ready to dive into a magical underwater world and get up close to sharks, rays and the adorable Pig the Dugong.

**COST:**

NDIS supports +  
\$41 for entry ticket +  
public transport.  
Bring your opal card for  
train and ferry ticket.

Lunch is an additional  
cost or you can bring a  
picnic lunch.



5 MARCH 2023

### TEN PIN BOWLING & LUNCH



Zone Bowling,  
Revesby & Revesby  
Workers' Club

Get ready to experience the buzzing, vibrant setting of Zone Bowling Revesby! After bowling enjoy a delicious lunch at Revesby Workers' Club.

**COST:**

NDIS supports +  
\$14 for two games.

Lunch is an additional cost.





# SUNDAY GROUP PROGRAM:

## MARCH 2023

12 MARCH 2023

### LA PEROUSE MUSEUM & LUNCH



**Kamay Botany Bay  
National Park**

**The La Perouse Museum sits within a spectacular historic landscape within Botany Bay National Park.**

Housed within the historic Cable Station building, the museum displays 2,000 items across several rooms of exhibits. During your visit you can learn about the 1787-1788 expedition of French explorer the Comte de Lapérouse, as well as fascinating stories of the local area, including Aboriginal stories.

**COST:**

NDIS supports.

Lunch is an additional cost or you can bring a picnic lunch.



19 MARCH 2023

### MOVIE DAY



**Miranda, Event  
Cinemas**

**Whether you're a rom com fan, die-hard action junkie or love a crazy comedy, there is a movie for everyone.**

So, grab some popcorn or a choc top and enjoy watching the latest movies on the big screen.

**COST:**

NDIS supports + ticket for movie.

Lunch is an additional cost.



26 MARCH 2023

### DAY TRIP TO MT KEIRA LOOKOUT & WOLLONGONG



**Wollongong**

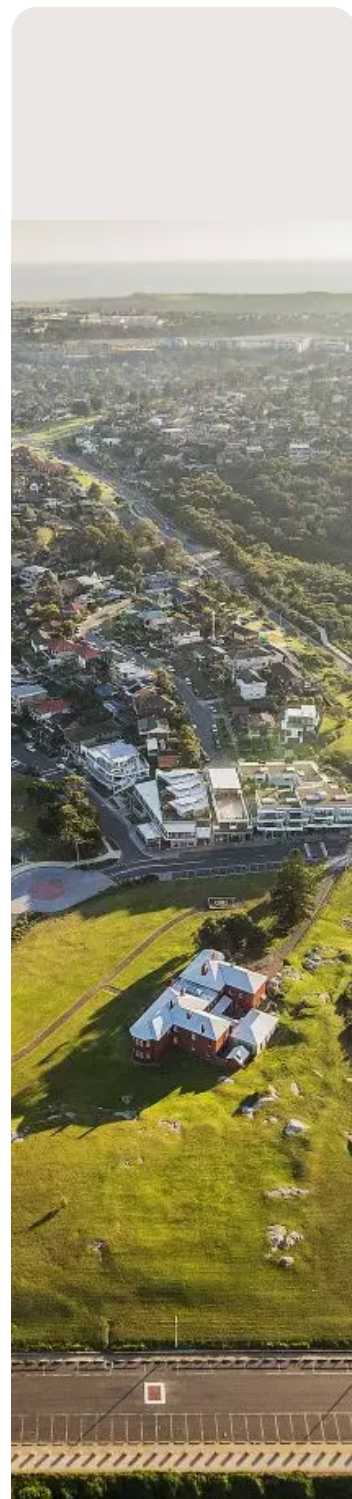
**Get ready to explore Mount Keira and the beautiful seaside town of Wollongong on this day trip.**

Mount Keira lookout is located at the top of the Illawarra escarpment and is a significant Aboriginal cultural heritage site. You will enjoy awe-inspiring views over Wollongong from the lookout so don't forget your camera.

**COST:**

NDIS supports.

Lunch is an additional cost or you can bring a picnic lunch.





# What to Bring

## SET YOURSELF UP FOR THE BEST DAY EVER BY PACKING

\$20 for your lunch.

A little extra for snacks and coffee.

Entry fee where applicable.

Your concession and NSW Companion cards.

Sunscreen, hat and water bottle.

Your camera to capture those all important memories.

## PICK UP AND DROP OFF

123 Flora St, Sutherland, NSW, 2232

Drop off 9am

Pick up 4pm







# CIVIC

## CONNECT WITH US TODAY

Our Customer Experience Team can get you started on your journey with Civic.

1300 MY CIVIC (1300 692 484)  
[enquiries@civic.org.au](mailto:enquiries@civic.org.au)  
[www.civic.org.au](http://www.civic.org.au)